



### Karate Kyokushin

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10 AM					Karate Kyokushin (beginners & intermediate) (60')	
5 PM	Karate Kyokushin (beginners) (60')		Karate Kyokushin (beginners)			
6 PM	Karate Kyokushin (intermediate) (60')		Karate Kyokushin (intermediate) (60')			
7 PM	Karate Kyokushin (advanced) (90')		Karate Kyokushin (advanced) (90')			